



N D I D I
we are here to listen

SERVICE BROCHURE

🌐 www.ndidi.me ✉ support@ndidi.me 🌐 📷 📧 📱 n.d.i.d.i



ABOUT NDIDI

NDIDI is a private mental healthcare practice committed to providing accessible, high-quality mental healthcare in Nigeria. We offer warm, non-judgmental, psychological and psychiatric services to people in need of mental health care. We are fueled by our passion to ensure that Africans have access to quality and affordable health care.

We aim to continuously provide safe, effective, evidence-based mental health care services that consider the needs of the individual and their community.

Here are some of the companies we have worked with



OUR APPROACH

At NDIDI, we make an effort to ensure that you feel welcome, respected, and safe.

We conduct our practice in a non-discriminatory manner, regardless of religion/creed, age, race, class, sex or gender.

At every stage of your interaction with us, we actively listen to your concerns and prioritize your well-being.





OUR ▶
SERVICES

CLINICAL PSYCHOLOGY

Our clinical psychologists are licensed, trained and experienced professionals who assess, diagnose and treat mental, behavioral and emotional illnesses.

They offer effective, non-judgmental and warm psychotherapy sessions that can help you deal with stress, depression, anxiety, grief and trauma.

PSYCHIATRY

Our psychiatry sessions will help you diagnose, manage and treat your mental, emotional or behavioral disorder.

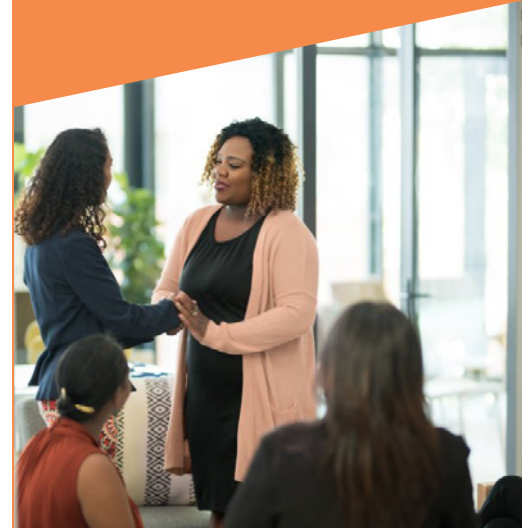
Our consultant psychiatrist is an expert in the field of psychiatry with adequate skills and experience to help with the treatment and management of your mental health conditions so that you can live a healthier, peaceful and happier life.

CONSULTATION

Do you want to have a psychotherapy session or psychiatric session but you are unsure of where to begin?

Book a consultation session with our psychologists or consultant psychiatrist.

During your session, you get to discover if you have a good connection with our mental health professional, understand what you may be struggling with and what treatment plans best suit your needs.



HEALTH PACKAGES

Our mental health packages were created to make quality mental healthcare accessible.

We have customized packages for students, corporate members and professional artists.

WELLNESS TOOLS & MATERIALS

Our Mental Wellness store contains wellness tools and materials which are a great way to take care of your mind and manage your life in the absence of a mental health professional.

We have designed affordable worksheets and classes that are easy to use and digest. These materials are available on our website www.ndidi.me

EMPLOYEE ASSISTANCE PROGRAM (EAP)

Our Employee Assistance Program (EAP) is a selection of carefully curated services designed to help provide mental health care and assistance to your workforce at affordable rates.

We have mental health packages that can help improve the working and personal lives of your organization's staff.

Components of the EAP include Private Therapy Sessions, Staff Orientation, Private Lectures, Conflict Resolution, Consultation Session, Newsletters and many more.



◀ OUR SERVICES



PSYCHIATRY

Single Consultation	N25,000
Single Consultation + Follow-up psychiatry session	N45,000
Single follow-up psychiatry session	N20,000
Two follow-up psychiatry sessions	N35,000
Three follow-up psychiatry sessions	N50,000
Diagnostic assessment and Virtual therapy session	N55,000



CLINICAL PSYCHOLOGY

Consultation

Physical consultation session	N30,000
Virtual consultation session	N15,000
Mental health screening	N10,000

Psychotherapy

Physical therapy session (Sharon)	N50,000
Virtual therapy session (Sharon)	N35,000
Physical therapy session (Amanda)	N55,000
Virtual therapy session (Amanda)	N40,000



PACKAGES

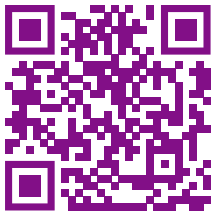
Sharon

Three virtual sessions package	N100,000
Six virtual sessions package	N200,000
Three physical sessions package	N145,000
Six physical sessions package	N290,000

Amanda

Three virtual sessions package	N100,000
Six virtual sessions package	N200,000
Three physical sessions package	N145,000
Six physical sessions package	N290,000

THANK YOU!



For more enquiries, please call
+234 706 323 8701

✉ support@ndidi.me

[f](#) [@](#) [t](#) [in](#) [n.d.i.d.i](#)

🌐 www.ndidi.me